

# Around the World

with  
**Stan Delaplaine**

On a bright, blue breezy day, Suva is one of the finest places in the South Pacific. It is a neat and clean typical town. A British Crown Colony. Trim green lawns. Gardens splashed with red and gold hibiscus.

Great shade trees spread giant umbrellas over the roads. A cool trade wind rustles the coconut palms.

On boat days, the Army band comes marching down to the ship (Suva does this first-class) Trumpets blaring. Drums rolling. Crimson jackets above the snow-white wrap-around sulus. Bushy Melanesian hair and skin the color of coffee-and-cream.

Suva is the jump-off for the undiscovered islands — some 300 of them in the Fiji and Lau group. The hotel groups haven't come in here yet, but

there are a couple of modest places. Maybe worth finding before everybody finds them.

You can inquire at the shipping company offices. Or down at the dock where the little schooners are loading for strange ports marked on the blackboard: Moce and Levuka, Savusavu, Lautoka and the villages of the firewalkers on Beqa.

"We have never had an island vacation but are able to take four or possibly five weeks this year. Cost would be a factor..."

It costs a little to fly to Fiji, but these are wonderful islands (Better hotels and food in Tahiti, but it's touristy.) I took a house in Suva and estimate living costs at half U.S. prices.

There's one good meat market. Two supermarkets. The wonderful place for daily shopping. Live squirming crabs and lobsters sold in green baskets of woven coconut leaf. Banana leaf piled with shrimp and fresh caught fish.

All kinds of spices — Fiji is half East Indian. Green and red pepper in little piles. Course ground salt. Brown Curry powder. Then you have the best fresh produce. Chinese cabbage. An excellent lettuce, much like limestone lettuce. The best tomatoes I've ever tasted. Oranges. Bananas. Taro. Breadfruit. (Get your cook to make rou rou. Meat seasoned with onions and spices and cooked in taro leaves.) All quite cheap.

Expensive items are cigarettes and liquor. Even Australian wines are double what we pay at home for California wines. Clothing is cheap. The town is full of Indian tailors. You can get a cook and maid for little. And they do all the laundry. Fiji beer is very good and not expensive. Fiji is like Hong Kong, a

free port. Japanese cameras and transistor radios at half U.S. prices. I got an excellent car radio for \$40. AM and two short wave bands. It pulls out of the car when you want and it runs on batteries.

"If there are disadvantages, can we prepare for them?"

Only thing I can think of is Suva is no swinging town. Night life might be Saturday night at the Grand Pacific Hotel. And that's no much. Food is so-so. You have to go to Tahiti for French night life and French cooking.

The color of Suva town and the side trips more than make up for it. There's a one-day launch trip to nearby islands. Exciting stuff over the reef seen through the glass-bottom well. (The food on his one is splendid.)

You might be able to rate an invitation to Bau island. Former home of Cakobau, nearest thing Fiji had to a king. (This was where Charlie Savage, a shipwrecked sailor, introduced the musket and set up a cannibal supermarket.) There's a three-day Blue

Lagoon cruise down to the primitive Yaswas. (Where Bligh was chased by cannibal canoes.) It's inexpensive and the food is excellent on this, too. (You eat better afloat than ashore in Fiji.)

There are excursion and economy air including other island fares. By Qantas Pan American, BOAC, Canadian Pacific.

## Bike Rider Hospitalized After Crash

A car-bicycle collision involving two South High students sent the bike rider to South Bay Hospital Friday morning with a seven-inch laceration of his left leg.

Injured was 14-year-old Colin Thompson, 504 Camino de Encanto, who was heading west on Calle de Serenas at Paseo de la Playa when the accident occurred.

Car's driver was Kenneth Wright, 17, of 515 Paseo de la Playa.

## Red Cross Will Give Care Class

Learning to care for the "special patient" at home will be the topic of a free Red Cross course to be offered beginning Thursday.

The class, designed for those who must care for a family member or friend who is critically ill, severely handicapped, or permanently disabled, will be taught by registered nurse Jean Brunelli, according to Mrs. Abner Kaplan, Nursing Services chairman.

The class will be held at the Red Cross Service Center, 1488 W. 1st St., San Pedro, from 7:30 to 9:30 p.m. and will continue on successive Thursday nights through July 25.

Enrollment reservations can be made by calling Red Cross.

WEDNESDAY, JUNE 19, 1968 PRESS-HERALD B-11

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**WINNERS WILL ENJOY IN JAMAICA...**

7 DAYS, 6 NIGHTS AT A LUXURY RESORT HOTEL!... AMERICAN PLAN MEALS!... FIVE RESORT AREAS THROUGHOUT THE ISLAND!... YEAR ROUND SUMMER-CLIMATE VACATIONLAND!... DUTY-FREE SHOPPING PARADISE!... NATIVE SHOWS AND FESTIVITIES!... A WATER-SPORTS MECCA!... CELESTIAL SCENIC SURROUNDINGS!... JAMAICA HAS ALL OF THE SERVICES TO PAMPER YOU ON YOUR VACATION!

5 RESORT HOTELS! THE COLONY... Magnificent scenery from every veranda...the soaring mountains...the sea! Entertainment, dancing under the stars! TOWER INN... Acres of enchanted grounds with hidden waterfalls...white beaches! Games, sailing, entertainment! CARLYLE BEACH HOTEL... Montego Bay's newest! Authentic Jamaican atmosphere for informal relaxation... CASA MONTEGO... On Cave Beach, known as one of the 10 most beautiful beaches in the world! GOLDEN HEAD... An elaborate beach hotel and cottages. Entertainment 'round the clock!...A complete vacation paradise!

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**4th Annual Fireworks Spectacular**

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TO THE AMERICAN LEGION SHOW AT THE LOS ANGELES COLISEUM

EACH WINNER WILL RECEIVE FOUR TICKETS TO THE ENTIRE SHOW!

5:00-7:00 PM: Jr. Baseball Championship  
7:00-7:30 PM: Grand Entry Parade of USO Star & introduced by Johnny Grant  
7:30-9:00 PM: Auto Destruction Derby, Wild Animal Derby, LAPD Motorcycle Drill Team, Community Ceremony, Matchlighting Ceremony.  
9:00-10:00 PM: "The World's Greatest and Most Fantastic Firework Display!"

**JUNE IS DAIRY MONTH**



PLAIN OR ASSORTED ZING SWISS IMPORTED **GRUYERE** 6-oz. pkg. **49¢**

FRIGO WISCONSIN **MOZZARELLA BALLS** 8-oz. pkg. **49¢**

FRIGO WISCONSIN CHEESE **GRATED ITALIAN** 8-oz. pkg. **79¢**

GOLDEN CREME **YOGURT** (QUART 59¢) 8-oz. ctns. **\$1**

**LAURA SCUDDER MAYONNAISE**

QUART JAR

**43¢**



**DELICATESSEN SPECIALS**

FOOD GIANT WISCONSIN CREAMY- SAVE 20¢

**JACK CHEESE 69¢ LB.**

FOOD GIANT CHEESE **MEDIUM SHARP TILLAMOOK 75¢ LB.** REG. 98¢

FOOD GIANT WISCONSIN **CHEDDAR CHEESE 85¢ LB.** SMOOTH MILD

**NIPPY SHARP 89¢ LB.**

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GOLDEN CREME **YOGURT** (QUART 59¢) 8-oz. ctns. **\$1**

**GOLDEN CREME COTTAGE CHEESE**

PINT CARTON **29¢**

**ONLY U.S.D.A. 'CHOICE' QUALITY BEEF**

**CHUCK STEAK 39¢ LB.** BLADE CUT

**PORK CHOPS 59¢ LB.** BLADE CUTS



**GOLDEN CREME BUTTERMILK 18¢ QUART**

**MAGIC CHEF Dill Pickle Spears 49¢ 26-oz. jar**

**STEEL WOOL WITH SOAP 29¢ pkg. of 10**

**S.O.S. Scouring Pads 29¢ giant roll**

**EXTRA ABSORBENT PAPER—REGULAR OR DECORATED Spa Paper Towels 29¢**

**Fantastik Cleaner 79¢ 22-oz. can**

**22-OZ. PLASTIC (INCL. 10¢ OFF) Lux Liquid Detergent 49¢**

**HOUSEHOLD (INCL. 20¢ OFF) Spic 'n Span Cleaner 73¢**

**DETERGENT TABLETS (INCL. 10¢ OFF) Salvo Tablets 65¢**

**FRISCHMANN'S Diet Margarine 39¢ 1-lb. pkg.**

**GOLDEN CREME BUNCH STYLE Sliced Bread 22¢ 15 1/2-oz. loaf**

**U.S.D.A. CHOICE BEEF—BONELESS CHUCK STEAK 89¢ LB.**

**U.S.D.A. CHOICE BEEF—LARGE END Standing Rib Roast 89¢ LB.**

**FRESH GROUND HOURLY GROUND CHUCK 59¢ LB.**

**FRESH HOURLY—LEAN GROUND ROUND 69¢ LB.**

**U.S.D.A. CHOICE—Boneless Whole or Point Cut BEEF BRISKET 89¢ LB.**

**LARGE LOIN PORK CHOPS 69¢ LB.**

**RED LABEL SLICED HORMEL BACON 59¢ 1-LB. PKG.**

**U.S.D.A. CHOICE BEEF—CENTER CUT 7-BONE STEAK 49¢ LB.**

**FILLETS OF FRESH OCEAN PERCH 69¢ LB.**

**FILLETS OF FRESH DOVER SOLE 98¢ LB.**

**ICELANDIC SKINLESS HADDOCK FILLETS 75¢ 1-lb. pkg.**

**ICELANDIC SKINLESS PERCH FILLETS 55¢ 1-lb. pkg.**

**ICELANDIC BREADED SOLE STEAKS 49¢ 12-oz. pkg.**

**ICELANDIC BREADED HALIBUT STEAKS 49¢ 12-oz. pkg.**

**U.S.D.A. INSPECTED CHICKEN FRYER PARTS 59¢ LB.**

**FRESH WHOLE LEGS OR BREASTS**

**COUNTRY STYLE PORK SPARERIBS 69¢ LB.**

**SHURTENDA PRE-COOKED BEEF STEAKS 79¢ LB.**

**CENTER CUT RIB PORK CHOPS 89¢ LB.**

**YOUNG Turkey Drumsticks 29¢ LB.**

**FROZEN, PLAIN OR BREADED VIAL STEAKS 69¢ LB.**

**FARMER JOHN SKINLESS LINKS PORK SAUSAGE 3 8-oz. pkg. \$1**

**DOUBLE BREADED FRESH MEN TURKEYS PAVO 45¢ LB.**



**24-Oz. Btl. 71¢**

**BOWL CLEANER TY-D-BOWL 12-Oz. Btl. 98¢**

**No. 300 Cans 33¢**

**SKIMMED PET MILK 2 Tall Cans 37¢**

**TOILET SOAP WOODBURY (1-cent sale) 4-Bar Pkg. 33¢**

**DEL MONTE PICKLES K kosher or Regular Dill Halves 22-Oz. Jar 47¢**

**JOHNSON'S WAX BUG KILLING KLEAR 27-oz. can \$1.05**

**GREEN GIANT CREAM STYLE GOLD CORN 2 8-oz. cans 39¢**

**WHITE SHOEPG CORN 2 7-oz. cans 37¢**

**GARDEN PEAS 2 8-oz. cans 35¢**

**FOOD GIANT**